

# MC - Board of Directors Job Posting

# Organization

Migraine Canada

#### **About Us**

Migraine Canada is a national registered charity founded in 2018 and is dedicated to improving the lives of all Canadians living with migraine and other headache disorders. Our vision is for Canadians living with migraine and headache disorders to be diagnosed, treated and supported so their quality of life is optimized. We help those we serve through advocacy, awareness, education, research and support to achieve our vision.

Migraine is a neurological disorder that affects children, men, and women worldwide. It has a significant impact on the personal and professional lives of those who suffer from it. Migraine is stigmatized, underdiagnosed, and undertreated. We are a dedicated team committed to improving migraine care across the country. Many concrete actions could lead to better lives for those who are impacted by migraine.

Experts estimate that 12% of Canadians (4.5 million) live with migraine headaches. We strive to enrich the lives of individuals living with migraine and headache-related conditions and their families by providing a network of resources, sharing common experiences, learning together, and raising awareness in the broader community.

To learn more about the programs and services Migraine Canada provides, visit our website <a href="https://www.migrainecanada.org">www.migrainecanada.org</a>

#### Industry

Healthcare

#### **Position**

Job Title: Board of Director

#### **Employment Type**

Volunteer Board Member

#### **Job Description**

As a member of our Board of Directors you will play a vital role in providing strategic oversight and guidance to the organization by setting its mission, making key decisions, ensuring financial stability, upholding legal compliance, and actively supporting fundraising efforts to achieve Migraine Canada's goals, all while acting as a fiduciary to the organization and its stakeholders.



By doing so, you will contribute your expertise, insights, and passion to advance our mission and make a meaningful difference in the lives of those impacted with migraine and headache disorders.

#### Key Responsibilities:

- Strategic Planning: Participate in the development and implementation of the organization's strategic plan.
- Governance and Oversight: Ensure the organization's compliance with legal and ethical standards and maintain sound financial management.
- Fundraising and Resource Development: Actively participate in fundraising efforts and support resource development strategies.
- Policy Development: Contribute to the development and review of organizational policies.
- Community Advocacy: Serve as an advocate for the organization and its mission within the community.
- Board Meetings: Attend and actively participate in regular board meetings and committee meetings.
- Fiduciary Responsibility: Uphold the organization's fiduciary responsibilities and act in its best interests.
- Evaluation: Participate in the evaluation of the executive director and the board as a whole.

#### **Expectations of Individual Board Members**

- Know the organization's mission, policies, programs, and needs.
- Serve as active advocates and ambassadors for the organization and engage in identifying and securing the financial resources and partnerships necessary for Migraine Canada to advance its mission and collective purpose.
- Leverage connections, networks, and resources to develop collective action to achieve Migraine Canada's mission.
- Responsible to read and understand the organization's financial statements and board materials before meetings.'
- Prepare for, attend, and conscientiously participate in board meetings.
- Participate fully in one or more committees or task forces.
- Engage in learning opportunities to better understand the community your organization serves.
- Respect the experiences of all who bring their voices and lived experiences onto the board and into the boardroom and the organization.
- Honour our values
- Time Commitment:
  - The length of commitment is a 2-year term, which may be renewed up to a maximum of three 2-year terms,
  - Four board meetings per year, typically held quarterly.
  - Participation and membership in a committee.
  - Attend occasional fundraising and community events.



### **How to Apply**

We are looking for mission-aligned individuals and are open to accepting applications from all those interested in the opportunity. We focus specifically are interested in those with one or more expertise in the following areas alongside our commitment to DEI:

- Practicing medical neurologist
- Finance professional
- Organizational and board executive experience
- Fundraising and grant experience

To submit an expression of interest in a position on Migraine Canada's Board of Directors, please email <a href="mailto:executivedirector@migrainecanada.org">executivedirector@migrainecanada.org</a> including your resume and a brief cover letter sharing why you are interested in joining Migraine Canadas' Board of Directors, what skills and abilities you feel are most exciting to share and what serving the migraine and headache community means to you.

The board of Migraine Canada is a volunteer board. Members are not paid and dedicate their time and expertise to support Migraine Canada and its mission and collective purpose.

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## Our Commitment to Diversity, Equity, and Inclusion

We know that to achieve our goals, fulfill our mission, and realize our vision, we need to include individuals with perspectives drawn from a wide range of cultural and ethnic backgrounds, skill sets, areas of expertise, and lived experiences to help us avoid decision-making that could diminish the impact of our work.

We are publicly recruiting for board positions to ensure that we move beyond our immediate networks and honor our ongoing commitment to creating a board that is diverse in its composition, inclusive in its culture, and equity-focused in its approach to how it views its mission, its work, and the communities it serves.